

‘Having taken children on many residential trips, the experience children have at Forest and Beach is by far the richest, awe inspiring and confidence building we have seen.’ Highweek Primary



National Winner of Best Outdoor Recreation/ Outdoor Pursuits Provider



### Kit list for residential camping stay @FaB 5 Day

The children will be sleeping in our Canvas Scout tents, foam sleeping mats provided.

**Please pack with your child so they know what they have and where it is!**

Tick me!

- Sleeping bag preferable or duvet with a cover
- Pillow
- Wellie boots
- Walking boots or trainers and **plenty of socks (socks must be worn for coastal walks)**
- Long trousers/joggers x4, try to avoid jeans if possible, they take longer to dry
- Waterproof trousers and coat and spare plastic bag for wet/muddy gear
- Selection of warm, long sleeved tops, think layers (there will hopefully be some warm days but clear skies at night will mean it could be chilly). Shoulders covered to avoid sunburn.
- Toothpaste and tooth brush
- Wash kit eg towel etc
- Sun hat/cap and a warm hat for evening (**Sun hat absolutely essential!**)
- Torch, labelled
- Sun cream essential
- Packed lunch for first day with a refillable, non-breakable, drinks container (not single-use plastic as these break easily)
- Plate/Bowl/mug/spoon/knife/fork labelled
- Day back pack (ideally not drawstring type)- **packed lunch, drinks bottle, sun hat and waterproofs will go in this**
- A cake/cookies/buns to share around the campfire and throughout the stay **if desired**. All cakes etc will be shared. **Strictly no sweets to be brought on camp**. **No food items of any type will be allowed in tents.**
- Cuddly toy if desired!

**Tip:**  
Think old warm clothing and borrowing from friends and family to keep costs down. Specialist kit not needed!  
[www.forestandbeach.co.uk](http://www.forestandbeach.co.uk)

Please, **strictly no glow sticks**, they can pollute our beautiful site and **strictly no sweets** to be packed. Wrappers can attract vermin and stick to tents and there is a choking hazard with unattended eating.

Be aware of weather forecast, if your child’s sleeping bag/duvet is quite thin please pack tracksuit trousers sweaters, woolly socks so they can wear them in their sleeping bag. They may not use them but the option is there! Toastie children are happy children! **We and your teachers will make sure they are happy, we want them to go on and love camping and the outdoors!**



Children’s Birthday Parties



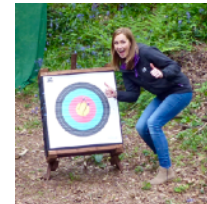
School Camps



School Holiday Forest Days



Forest School Beach School & Alternative Provision



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